

# GULF COAST SURGICAL CLINIC

ANIL K. SINHA, MD, FACS

## ABDOMINAL PAIN EVALUATION

1. How long have you had this pain? \_\_\_\_\_
2. What brought it on initially? \_\_\_\_\_
3. How long does it usually last? \_\_\_\_\_
4. How often does it occur? \_\_\_\_\_
5. What makes it better? \_\_\_\_\_
6. What makes it worse? \_\_\_\_\_
7. What, if any, medication(s) do you take for this pain? \_\_\_\_\_
8. Have you ever been evaluated by another physician for this problem? \_\_\_\_\_  
If yes, what tests were completed and where did you have them done? \_\_\_\_\_

9. Please rate the intensity of your pain on a scale of **1** through **10**. Circle the appropriate number:

<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>
	mild			moderate				severe	

10. Please circle all of the phrases below that describe the location of your pain:

<i>mid-upper stomach</i>	<i>around the navel</i>	<i>right groin</i>	<i>right, below rib area</i>
<i>below navel, right side</i>	<i>left groin</i>	<i>left, below rib area</i>	<i>below navel, left side</i>
<i>all across belly, below navel</i>	<i>all across upper abdomen</i>	<i>goes back on right</i>	<i>goes back on left</i>

11. Please circle all below that describe your type of pain:

<i>constant</i>	<i>aches</i>	<i>worse after certain foods</i>	<i>intermittent</i>	<i>cramps</i>
<i>better with food</i>	<i>sharp</i>	<i>piercing</i>	<i>stinging</i>	<i>burning</i>
<i>throbbing</i>	<i>with certain movements</i>		<i>associated with monthly cycle</i>	

12. Please circle all other symptoms you have:

<i>nausea</i>	<i>vomiting</i>	<i>bloating</i>	<i>flatulence</i>	<i>belching</i>	<i>heartburn</i>	<i>diarrhea</i>
<i>muscle aches</i>	<i>headache</i>	<i>constipation</i>	<i>bulging mass</i>	<i>tiredness</i>	<i>dizziness</i>	<i>fever</i>
<i>runny nose</i>	<i>cough</i>	<i>blood in urine</i>	<i>strong odor to urine</i>	<i>chest pain</i>	<i>bulging mass that changes</i>	
<i>difficult urination</i>		<i>burning with urination</i>		<i>vaginal discharge</i>		

*date of last menstrual cycle:* \_\_\_\_\_

Patient signature: \_\_\_\_\_

Date: \_\_\_\_\_

Phys. Rev.: \_\_\_\_\_